

All Day BREAKFAST.

EGGS ON TOAST 14.9 (V)
Two free-range eggs on Artisan Sourdough, cooked your way - poached, fried, or scrambled

SIDES:

Avocado, Bacon, Hash brown, Grilled tomato 4

Egg, Hollandaise, Relish, Spinach 3

Salmon, Chorizo, Mushroom, Halloumi 5

JAPANESE SOUFFLÉ PANCAKES 25.9 (V)
Topped with lemon curd, fresh berries, caramelised banana, ricotta, and berry coulis

ZUCCHINI CORN FRITTERS 24.9 (V)
Served with sautéed mushroom, danish feta, avocado, homemade tomato relish and a poached egg

ARIEL'S BACON & EGG ROLL 18.9
Free-range egg, bacon, and hash brown served in an Artisan milk bun, topped with baby spinach, relish, and tasty melted cheese

BIG BREAKFAST 27.90
Two free-range eggs, avocado, bacon, chorizo, hash brown, spinach, mushrooms, roasted tomato, and Artisan Sourdough

GREEN POWER PLATE 27.90 (V)
Two free-range eggs, grilled halloumi, mushrooms, hash brown, avocado, tomato, spinach, and Artisan Sourdough

ARIEL'S BREKKY WRAP 17.9
Free-range egg, bacon, hash brown, baby spinach, relish, and tasty cheese in a tortilla wrap

GRILLED HALLOUMI & CORN STACK 24.9
Grilled halloumi, corn and edamame combined with smoked chorizo, topped with a sunny-side-up egg and chilli oil on Artisan Sourdough. Served with coconut-roasted pepitas, parsley, and lemon wedges

AVOCADO TOAST 18.9 (V)
Smashed avocado on Artisan Sourdough with cherry tomato, feta cheese, roasted pepitas, sliced radish, and Italian balsamic glaze
Add a poached egg? (+3) [Make it vegan with Quinoa](#)

SAVOURY CROFFLE 19.9
Croffles (croissant + waffle!) with fried egg, grilled bacon, avocado, and maple syrup

BANANA CINNAMON CROFFLE 19.9 (V)
Cinnamon croffles, fresh banana, maple syrup, vanilla ice cream, and fairy floss

CLASSIC OMELETTE 22.9
3 free-range eggs, smoked ham, cherry tomato, feta cheese, spinach and melted tasty cheese with Artisan Sourdough

ARIEL'S BENNI 20.9 (V)
Choose: Ham, Bacon, Mushroom, Halloumi or Salmon(+3) with poached eggs, spinach & saffron hollandaise on Artisan Sourdough
Avocado (+3)

LUNCH.

MIXED SOUVLAKI PLATE 27.9
House-marinated grilled chicken thigh skewer with lemon, herbs and olive oil, and a rosemary lamb skewer with Mediterranean salad, chips and Greek pita, accompanied by hummus and tzatziki

NOURISH BOWL 24.9
Grilled marinated chicken served over brown rice and quinoa with mixed seeds, lettuce, cucumber and cherry tomatoes, topped with avocado spinach dressing

STICKY BEEF SALAD 24.9
Sticky soy marinated beef, edamame beans, cherry tomato, crispy noodles, mix lettuce, slaw, cucumber, mint, coriander, sesame seeds & Thai sticky dressing

ARIEL'S STEAK SANDWICH 22.9
Scotch fillet steak, nestled within a Turkish bread roll, cheddar cheese, lettuce, tomato, beetroot, caramelised onion and bbq sauce

BURRITO BOWL 24.9
Choose from Chipotle Chicken or Spiced Quinoa (VG) topped with brown rice, tomato salsa, corn, smashed avocado, chipotle aioli, and tortilla chips

PAN-ROASTED BARRAMUNDI 28.9
Pan-roasted barramundi served with hash browns, accompanied by a Greek-style salad tossed in lime and herb vinaigrette, and finished with a light orange glaze, and olive oil

BAO BUNS 23.9
Fluffy steamed buns filled with grilled chicken, rocket, pickled onion, carrot, cucumber, sesame seeds, dukkah and hoisin sauce.

GRILLED CHICKEN BURGER 19.9
Lemon & herb marinated chicken, cheese, lettuce, tomato & aioli on an Artisan milk bun
Chips 4, Sweet Potato Fries 5

ARIEL'S CHEESEBURGER 19.9
100% Australian Angus beef, American cheese, tomato, pickles, lettuce, tomato sauce, mustard & aioli on an Artisan milk bun
Chips 4, Sweet Potato Fries 5

AVO & HALLOUMI BURGER 19.9 (V)
Avocado, halloumi, mushroom, lettuce, tomato, and chipotle aioli on an Artisan milk bun
Chips 4, Sweet Potato Fries 5

CAESAR SALAD 22.9
Grilled chicken with fresh lettuce, parmesan cheese, croutons, boiled egg, bacon and finished with a creamy caesar dressing

OPEN MELTS. 19.9
Served on Turkish bread with a choice of chips or salad

- Chicken and avocado melt
- Ham, cheese and tomato melt
- Bacon and avocado melt
- Mushroom and avocado melt (V)

KIDS.

KIDS BANANA CROFFLES (V) 13.9
Croffles, fresh banana, maple syrup, and ice cream

KIDS BIG BREAKFAST 14.9
Fried egg, bacon, hash brown, and toast.

CHICKEN NUGGETS & CHIPS 12.9

KIDS MILKSHAKE 6

V Vegetarian | VG Vegan
GF Gluten-free options available

Ariel's Balgownie takes great care in preparing your meal; however, we cannot guarantee the absence of cross-contamination. Please notify staff of any allergies or dietary requirements.

10% surcharge applies on weekends and public holidays



ARIEL'S[®]
EST 2015

MY
LOCAL
CAFE



SCAN & ORDER
OR PLACE YOUR ORDER AT THE COUNTER

TEA. 6

- English Breakfast
- French Earl Grey
- Just Peppermint
- Chamomile
- Lemongrass & Ginger
- Gorgeous Geisha (Green Tea)

COFFEE.

	S.	L.	XL.
Cappuccino	5	5.8	6.5
Flat White	5	5.8	6.5
Latte	5	5.8	6.5
Mocha	5.5	6.3	7
Long Black	5	5.8	6.5
Piccolo	4.2		
Ristretto (double)	4.5		
Macchiato	4.2		
Espresso	4		
Magic	5.5		
Babycino	2		
Hot Chocolate	5.3	5.8	6.8
Chai Latte	5.3	5.8	6.8
Turmeric Latte	5.5	6	6.5
Beetroot Latte	5.5	6	6.5
Matcha Latte	5.5	6	6.5

Sticky Chai 6.5 7

Vanilla, Caramel or Hazelnut,
Decaf, Oat Milk, Soy Milk,
MilkLab Almond, Lactose Free Milk 80c

Extra shot, Decaf 80c

ICED.

Iced Coffee	8.5
Iced Chocolate	8.5
Iced Mocha	8.5
Iced Matcha	8.5
Iced Chai	8.5
Iced Latte	6.5
Iced Long Black	6.5
Large +1	

Purezza	
Sparkling Water (JUG)	5
Coke, Coke No Sugar	4.9
San Pellegrino Sparkling	4.5
Simple Juices	6.9

Orange, Apple, Pineapple,
Banana & Mango, and Lean & Green

SMOOTHIES. 12.9

- Add Plant-Based Protein 3
- Açai Berry**
Açai, Blueberries, Raspberries, Banana and Coconut Water
- Evergreen**
Mango, Pineapple, Kiwi, Kale and Coconut Water
- Strawberry Kiss**
Strawberry, Banana, Dragonfruit, Dates & Coconut Water
- Mango Tropical**
Mango, Passionfruit, Pineapple, Banana & Coconut Water

Power Protein
Banana, Oats, Coconut, Dates,
Pea Protein & Oat Milk

FRESH JUICE. 9.9

- Freshly Squeezed Orange Juice
- Freshly Squeezed Apple Juice

MILKSHAKES. 8

Vanilla, Chocolate, Caramel
and Strawberry

LIGHT MEALS.

Ham & Cheese Croissant	9.9
Banana Bread	7.5
Pear & Raspberry	7.5
Ariel's Turkish Fruit Toast	7.5
Toast	7.5
Jam, Peanut Butter, Vegemite, Butter	
Ham and cheese sandwich.	11.9

DRINK.